

PLANTS AND THE ORIGINS OF MANUFACTURING



Portulacaria afra

Spekboom, Porkbush, iGqwanitsha

Portulacaria afra is an excellent mitigator of climate change as it has the ability to sequester (absorb) free carbon from the atmosphere.



Portulacaria afra is edible, and is used to quench thirst, treat exhaustion, dehydration and alleviate heat stroke. Traditional medicine has many uses for the plant. It is used to increase the breast milk of lactating mothers and the juice of the plant is used for soothing skin ailments such as pimples, rashes, insect stings, and sunburn.

Portulacaria afra is easily grown from cuttings or truncheons which can be planted directly into the ground where they are to be grown.